



## Sexaholics Anonymous

12 December 1990

To Every SA Group

Dear SA Group,

A letter dated November 11 from an individual in New York City was recently mailed to hundreds of SA members. In that letter he describes how members there decided to "change the definition of sobriety to include the words 'committed relationship'" and thereby include "nontraditional couples." There is also consideration of changing "spouse" to read "spouse as you understand spouse." He writes, "we find ourselves in a predicament. Is our program in New York something other than SA? We don't know. We rely on the group conscience of SA to help us come to terms with who we are and what we should do next."

What is at stake here is SA's most fundamental principle, the meaning of the definition of sexual sobriety.

After due consideration, I am moved to write this letter to each listed SA group and ask for a simple and clear response.

Our SA definition of sexual sobriety reads: "Thus, for the married sexaholic, sexual sobriety means having no form of sex with self or with persons other than the spouse. For the unmarried sexaholic, sexual sobriety means freedom from sex of any kind. And for all of us, single and married alike, *sexual sobriety also includes progressive victory over lust*" (pages 191-192 of *Sexaholics Anonymous*, p. 118 in the 1984 edition).

I believe that "married" means traditional, legal, heterosexual marriage, and that "spouse" does not include "committed relationships" with either the same or opposite sex. I think that most SA groups hold to this view. Am I correct in this assumption? Does your group agree with this?

You'll find an enclosure for your convenience. The response of each individual group is important.

It would be most helpful to have your group response by January 4th.

Yours in sobriety, by the grace and love of God,

Roy K.

encl: response enclosure

P.S. If you received this letter and are not your group's contact person, please pass this along to your group's trusted servant for group action. If you know of unlisted SA groups, please advise them of this letter.